


Welcome Arms October 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1 10:30 Craft & Chat @ KPL 1:00 Hike Prince Hill Loop (M) 2:30 Walk/Exercise Group (J)	2 9:30 YMCA (M) 9:30 Coffee Social @ Brooklyn DD (J) 12:00 Senior Bingo @ PPL (J) 1:30 Watercolors @ WAU (M) 3:00 Yoga w/ Sue @ WAU	3 10:00 Game Group @ DAC 2:00 Pickle Ball (M) 2:30 Walk Cat Hollow (J)	4 10:30 Sturbridge Village \$ (J)	
	7 10:30 Coffee Social & Pet Therapy @ WAU (J) 11:00 Lunch/Shopping & Bowling (M) 1:00 Mystery Matinee @ KPL (J)	8 3:00 Walk/Exercise Group (J) 3:00 TEEG YA Art Expressions (M) 6:00 Wickware Planetarium @ ECSU (M)	9 10:00 Healthy Cooking w/ Pumpkin @ WAU (M) 11:00 Self-Care w/ Judy & Employment @ DAC 2:30 Crocheting @ PPL (J) 3:00 Yoga w/ Mary @ WAU	10 10:00 Game Group @ DAC 2:00 Painting @ WAU (J) 2:00 Geocaching (M)	11 10:00 YMCA(J) 11:00 Mini Golf & Lunch (M) \$ 1:00 Lunch @ Moe's & Local Shopping (J) \$ 2:00 Mohegan Park Walk (M)	
	14 Indigenous People's Day No Activities	15 10:00 Coffee & Writing WAU (J) 10:00 Coffee & Games @ Putnam DD (M) 2:00 Young Adult Adventures (M) 4:00 Movies @ Mansfield (J) \$	16 10:00 YMCA (J) 10:00 Tour Waste to Energy Plant (M) 1:30 Adult Coloring & Card Making @ KPL (J) 3:00 Yoga w/ Mary @ WAU	17 10:00 Game Group @ DAC 2:00 Disc Golf (M) 2:30 Chair Yoga w/ Leila @ WAU (J)	18 10:00 Fall Family Hike @ Phaiah's Dog Park w/ KPL (J) 11:00 Samuel Slater Museum & Lunch (M) \$ 2:00 Puzzle Making (J) 2:00 Walk Webster Lake (M)	
	21 11:00 Mark Twain House & Lunch (M) \$ 11:30 Lunch/Shopping & Bowling (J) \$	22 10:00 The Victorian (J) \$ 10:30 Putnam River Walk & Lunch/Shops (M) \$ 2:00 Walk Chaplin Arboretum (J) 3:00 TEEG YA Art Expressions (M)	23 11:00 Self-Care Group DV Guest Speaker @ DAC 3:00 Yoga w/ Sue @ WAU 5:30 Witches in CT @ KPL	24 10:00 Game Group @ DAC 2:00 Learn The Shuffle Dance WAU (M) 2:30 Walk/Exercise Group (J)	25 10:00 Diamond Painting WAU (M) 10:00 Cozy Corner (J) \$ 11:30 Our Kids Farm (J) \$ 3:00 Hike Black Spruce Pond Loop (M)	
	28 11:00 Lunch & Putnam Shopping (M) \$ 1:00 Mystery Matinee @ KPL (J)	29 10:00 Games @ Chubby Dog (J) 10:30 Corn Maze (M) \$ 1:30 Plastic Canvas Craft (J) 2:00 Pumpkin Carving @ WAU (M)	30 10:30 Halloween Social Fun Day @ WAU 3:00 Yoga w/ Sue @ WAU	31 10:00 Game Group @ DAC 2:00 Interactive Halloween Trivia w/ Bud @ WAU		
	DAC = Dayville Office WAU = Wauregan Office KPL = Killingly Public Library PPL = Putnam Public Library	Green = Walktober Event	Judy (J) 860-230-5467	Mary (M) 860-617-4650	Sue (InShape) 860-771-8067	

