





March 2025 Lighthouse



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning Social Monday thru Friday at 8:30.						1 12:00 Movie at East brook Mall
2	3 8:30 Walmart Trip 9:00 Coloring Group 10:00 Bingo 11:30 Lunch 12-2 Afternoon Warriors	4 9:30 Healthy Living Group 10:00 House Meeting 12:00 Trip w/Members from High Chase	5 10:00 Learning w/UCONN 11:30 Lunch 2:00 Fitness Walk	6 9:00 Independent Crafts 9:30 C.S.-Better coping by living clutter free 12-2 Fitness Walk	7 10:00 Bingo 11:30 Lunch 12 to 2 Diamond Painting Group	8 9:00 Columbia Breakfast
9	10 8:30 Walmart Trip 9:00 Coloring Group 10:00 Bingo 11:30 Lunch 12-2 Painting w/Carlos	11 9:30 Healthy Living Group 10:00 House Meeting 12:00 Fitness Walk w/ High Chase Members	12 10:00 Learning w/UCONN 11:30 Lunch 2:00 Fitness Walk	13 9:00 Independent Crafts 9:30 Chair Yoga w/Leila 12-2 Fitness Walk	14 10:00 Bingo 11:30 Lunch 12 to 2 Diamond Painting Group	15
16	17 8:30 Walmart Trip 9:00 Coloring Group 10:00 Irish Music/Packet 11:30 St. Patty's Lunch 12-2 Afternoon Warriors	18 9:30 Healthy Living Group 10:00 House Meeting 12:00 Fitness Walk w/High Chase Members	19 9:30 Independent Crafts 10:00 Bingo 11:30 Lunch 2:00 Fitness Walk	20 9:00 Independent Crafts 10:00 Self Care for Work and Life w/Voc. Services 12-2 Fitness Walk	21 10:00 Bingo 11:30 Lunch 12 to 2 Diamond Painting Group	22
23	24 8:30 Walmart Trip 9:00 Coloring Group 10:00 Bingo 11:30 Lunch 12-2 A.W.-Journaling Fun	25 9:30 Healthy Living Group 10:00 House Meeting 1:00 Staff Meeting	26 10:00 Learning w/UCONN 11:30 Lunch 2:00 Fitness Walk	27 9:00 Independent Crafts 9:30 Chair Yoga w/Leila 12-2 Fitness Walk	28 10:00 Bingo 11:30 Lunch 12 to 2 Diamond Painting Group	29
30	31 8:30 Walmart Trip 9:00 Coloring Group 10:00 BHH Health Grp. 11:30 Lunch 12-2 AW- Journaling Fun		A.W.=Afternoon Warriors C.S.=Coping Skills			

